



## Andrea Morganstein, LPC LLC

203 W Chestnut Street, Ste 202  
West Chester, PA 19380-2517

Phone: (610)314-0799  
Fax: 610-601-5999  
www.amcounseling.net

### Child/Teen Skills Group Interest Survey PARENT FORM

Name of Contact Person Making this Inquiry	Preferred Phone #	OK to Leave a Message? <input type="checkbox"/> Y   <input type="checkbox"/> N	Email Address	Today's Date
Potential Group Member's Name	Birthday	Grade	School Attending	
Have an IEP and/or 504? <input type="checkbox"/> Y   <input type="checkbox"/> N	If "yes", please list services received in school (PT, OT, speech, supported study hall, etc)			

Please complete the questionnaire below so that I can begin to get a sense of where your child's struggles currently are. This is only a general screening form that I am using for several different groups, so there will be descriptions that you see that may not sound anything like your child. The reason that I ask these questions is so I can arrange groups that have kids around a similar skill level. Of course, there always will be some variability but I won't start a group until I have enough kids who are a good match with one another.

#### CURRENT FRIENDSHIPS

What best describes your child's current peer relationships? (circle or check any/all that apply)

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>	7 <input type="checkbox"/>
Actively rejected by virtually all peers.	Actively rejected/avoided by most peers.	Not actively rejected but goes unnoticed by peers and has trouble initiating social contact.	Has some peer relationships in school but no close friends.	Has close friends with some ups and downs that eventually work out.	I think they have friends, the friend groups seem to keep changing.	Has close friends but these relationships are an emotional rollercoaster.

Does your child get together with friends outside of school? \_\_\_\_\_

Please list any outside activities, sports, clubs, youth groups that your child belongs to and note whether they seem to have made a connection with any of their peers there:

**SOCIAL AWARENESS**

Awareness that their behavior/actions affect other people. (circle or check any/all that apply)

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
Completely unaware,	Aware but so reactive at times, they are unable to regulate/control their default response.	Aware and tries hard to accommodate but frequently misinterprets other people’s intentions and expectations, so still “gets it wrong.”	Aware of many social expectations others have of them, though going through the “typical” teen self-centered phase.	Frequently worried that everyone is judging them poorly and is afraid to do things because of this fear.

Is your child able to be flexible with taking turns and sharing in an age-appropriate way? \_\_\_\_\_

Does your child frequently interrupt when others are speaking? \_\_\_\_\_

**SOCIAL ANXIETY**

Does your child...(circle or check any/all that apply)

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>	6 <input type="checkbox"/>
Avoid social contact if at all possible?	Only go places with a trusted adult/is reluctant to go to school?	Tolerate small social gatherings but tends to not talk with others unless spoken to?	Worry a great deal about doing presentations in school.	Initiate conversations with peers in familiar environments but shrinks back in new environments?	Speak to store clerks/restaurant waitstaff.

Panic Attacks: This happens when the body’s fight or flight mechanism is triggered, heart rate and breathing rate goes up, and they can sometimes look like they can’t catch their breath. To an outside observer, because the child’s brain goes into full fear mode, they often break down in an uncontrollable crying episode or have a full-fledged, raging temper tantrum. In teens, you will sometime see them just need to rapidly exit the situation and, often, isolate until they can calm down.)

Is it possible that your child has panic attacks? \_\_\_\_\_

Does your child have frequent stomach upset or diarrhea that is not otherwise explained by a medical condition? If so, please briefly describe below.

**CONFLICT RESOLUTION**

How would you best describe your child’s ability to resolve conflicts with their peers (not siblings!) (circle or check any/all that apply)

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>
Not at all. Gets upset, possibly says impulsive things, then calms down. Expects others to be “over it” when they are.	Interprets conflict to mean that the other person is no longer their friend. Shuts down relationships.	Agonizes over conflict, and either temporarily shuts down or talks about the conflict “behind the person’s back” with other friends...often leading to more conflict. Eventually works it out or it blows over.	Avoids “drama” and is working on developing skills to calm themselves down and eventually communicate thoughts and feelings directly and respectfully to work things out.

Describe situations in which your child has become aggressive during times of conflict:

**HYGIENE**

Awareness that appearance affects other people's thoughts about them...( circle or check any/all that apply)

1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>	4 <input type="checkbox"/>	5 <input type="checkbox"/>
Not at All	Yes but doesn't care.	Yes and tries inconsistently to groom themselves.	Yes and generally meets grooming standards for age.	Yes and hyperfocuses on appearance, spending a great deal of time on how they look.

If any, list areas of hygiene that are a concern (Note, some of my groups will have kids where this is an issue and some will not. Remember, this is only a generalized screening form.):

Please use the space below to describe any other social issues you have noticed and that concerns you.